

March 2024

Harmony Union School District Lunch 2023/24

				01 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing
04 Lunch Entree Toasted Cheese Sandwich Vegetables Baked potato Creamy Tomato Soup Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing	05 Lunch Entree Pork Carnitas Street Tacos Vegetables Baked potato Refried Beans Fruit Fresh Oranges Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing Guacamole	06 Lunch Entree Chili with Beans Vegetables Baked potato Fruit Pears Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing	07 Lunch Entree Pesto Pasta Vegetables Baked potato Peas Fruit Apple Desserts Chocolate Chip Cookies Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing Cottage Cheese	08 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Broccoli Florets Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing
11 Lunch Entree Asian BBQ Pulled Pork Vegetables Baked potato Fruit Fresh Banana Grains Cornbread Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	12 Lunch Entree Nachos with Ground Beef Vegetables Baked potato Refried Beans Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Guacamole	13 Lunch Entree Baked tofu Vegetables Baked potato Carolina Coleslaw SC-Lexington1 Fruit Fresh Grapes Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	14 Lunch Entree Spaghetti with olive oil and garlic Vegetables Baked potato Whole Kernal Corn Fruit Fresh Oranges Desserts Chocolate Chip Cookies Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Cottage Cheese	15 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked Potato Orange Ginger Kale Salad Fruit Fresh Apple Slices Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing
18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break	22 Spring Break

25	26	27	28	29
Lunch Entree BBQ Chicken Roasted Drumsticks Vegetables Mashed Potatoes Baked Potato Fruit Pears Grains Cornbread Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	Lunch Entree Shredded chicken taco Vegetables Refried Beans Baked Potato Fruit Fresh Oranges Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Guacamole	Lunch Entree Sloppy Joe Vegetables Baked Potato Fruit Apple Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	Lunch Entree WG Macaroni and Cheese Vegetables Baked Potato Whole Kernal Corn Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	Lunch Entree Union Hotel Cheese Pizza Vegetables Broccoli Florets Baked Potato Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

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1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: [\(833\) 256-1665](tel:(833)256-1665) or [\(202\) 690-7442](tel:(202)690-7442); or
3. email: Program.Intake@usda.gov

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